

HOME SCIENCE · CHAPTER 1

Concept and Scope of Home Science

A 1-page guide for parents · 90-second read.

EXPECTED MARKS

7 marks

TIME TO MASTER

1.5-2 hrs

HELPLINE

70330 05444

WHAT THIS CHAPTER IS, IN PLAIN ENGLISH

This is the opening chapter of Class 11 Home Science. It teaches your child WHAT Home Science actually is — not just cooking, but a broad, interdisciplinary applied science aimed at the well-being of the individual, the family and the community. The chapter explains how the subject grew and was renamed (Home Economics, then Home Science, now 'Human Ecology and Family Sciences'), introduces its FIVE areas — Food and Nutrition, Human Development, Fabric and Apparel, Resource Management, and Communication and Extension — and maps the wide range of careers it opens, from dietitian and fashion designer to child counsellor and development officer. It also makes clear that Home Science is for everyone, not only for girls.

5 QUESTIONS TO ASK YOUR CHILD

- What is Home Science, and why is it called an interdisciplinary applied science?
- Can you name all five areas of Home Science?
- What is the subject's current full name, and how did the name change over time?
- Name one career that comes from each of the five areas.
- Why is Home Science useful for boys as well as girls?

WEAK-SPOT INDICATORS

- If your child still thinks Home Science is 'only cooking', they have missed the whole point of the chapter.
- If they can name fewer than five areas, the core long-answer question is at risk.
- If they cannot give a real career for each area, they have not engaged with the scope of the subject.

WHEN TO WORRY — AND WHAT TO DO

If your child believes Home Science has no career value or is 'just for girls', spend 20-30 minutes discussing five real professionals — a hospital dietitian, a fashion designer, a child psychologist, an interior designer, and an NGO extension officer — all of whom build careers from Home Science, and several of whom are men. This turns an abstract subject into a visible set of opportunities.

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