

EXAM-DAY · 90-MIN REVISION CARD

Human Development

Print this · Fold it · Carry to the exam-hall gate · Revise once · Then walk in.

FORMULAS & KEY RESULTS

CONCEPT: human development = enlarging people's CHOICES and improving QUALITY OF LIFE (Mahbub-ul-Haq, 1990 HDR)

GROWTH vs DEVELOPMENT: growth = quantitative rise in income (a MEANS);

development = qualitative rise in well-being + choices (the END)

FOUR PILLARS: EQUITY (equal access) · SUSTAINABILITY (continuity across generations) · PRODUCTIVITY (build capabilities) · EMPOWERMENT (power to choose)

THREE APPROACHES: INCOME (income reflects freedom) · WELFARE (people as beneficiaries; raise govt spend) · CAPABILITY (Amartya Sen; build health/education capabilities). [+ ILO BASIC-NEEDS]

HDI DIMENSIONS: (1) long & healthy life = life expectancy at birth · (2) knowledge = mean + expected years of schooling · (3) decent living = GNI per capita (PPP US\$)

HDI SCALE: 0 to 1; closer to 1 = better. Categories: VERY HIGH ≥ 0.800 · HIGH 0.700-0.799 · MEDIUM 0.550-0.699 · LOW < 0.550

HPI / MPI: measures DEPRIVATION (probability of dying young, illiteracy, lack of access to safe water/health) — the shortfall side of HDI

CAVEAT: size of territory + per-capita income alone do NOT indicate human development

TOP 5 PYQ PATTERNS

1 Four pillars of human development

5 marks · 90% of years

Name + explain all four: equity, sustainability, productivity, empowerment with one example each.

2 Growth vs development distinction

3 marks · 75% of years

Growth = quantitative income rise (means); development = qualitative well-being + choices (end).

3 Three approaches to human development

5 marks · 65% of years

Income · Welfare (beneficiaries) · Capability (Sen). Add ILO basic-needs for the extra mark.

4 HDI components + scale

3 marks · 70% of years

Life expectancy + education (mean & expected schooling) + GNI per capita; 0-1 scale; four categories.

5 Human Poverty Index / MPI

3 marks · 40% of years

Measures deprivation — dying young, illiteracy, lack of access to water/health — the shortfall side.

90-MIN REVISION FLOW

0-15 min

Memorise the four pillars (mnemonic E-S-P-E: Equity, Sustainability, Productivity, Empowerment) + one example each.

15-30 min

Write the 5-mark 'four pillars' answer from memory in <12 min.

30-45 min

Memorise the three HDI dimensions + the 0-1 scale + four country categories. Fix Haq = index, Sen = capability.

45-60 min

Compare the three approaches (income/welfare/capability) in a 3-column table from memory.

60-75 min

Take the 15-MCQ Quick Drill.

75-90 min

Review wrong answers; nail growth-vs-development and welfare-vs-capability distinctions.

Confidence, not anxiety. You've practised this all year. Trust your steps. Don't change strategy on exam morning.
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