

BOARD-PATTERN PRACTICE PAPER · CBSE CLASS 12**Work, Livelihood and Career**

Home Science · Chapter 1 · Matches current CBSE blueprint · Each question PYQ-sourced where indicated

DATE	TOTAL MARKS	DURATION	MARKING	TARGET
_____	30	60 min	As per board	≥ 24/30

GENERAL INSTRUCTIONS

- All questions compulsory.
- Use examples and specific role-names where the question asks for career options.
- For 'distinguish' questions, give definitions + examples + at least one contrast.

Section A — Short (2 × 4 = 8 marks)

8 MARKS · 16 MIN

- Q1.** Define WORK in the context of this chapter. [PYQ 2021 Delhi] **[2 marks]**
- Q2.** Name the five sub-disciplines of Home Science. [PYQ 2022 All India] **[2 marks]**
- Q3.** List the four steps of career planning. [PYQ 2023 Delhi] **[2 marks]**
- Q4.** Give one example each of (a) paid and (b) unpaid work. [PYQ 2024 Outside Delhi] **[2 marks]**

Section B — Medium (3 × 4 = 12 marks)

12 MARKS · 24 MIN

- Q5.** Differentiate between WORK, LIVELIHOOD, and CAREER with one example each. [PYQ 2022 Outside Delhi] **[3 marks]**
- Q6.** Why is unpaid work undervalued? Give three reasons. [PYQ 2023 All India] **[3 marks]**
- Q7.** Discuss any three career opportunities within the Apparel + Textiles sub-discipline of Home Science. [PYQ 2024 Delhi] **[3 marks]**
- Q8.** Why must career planning be done iteratively, not once? [PYQ 2024 All India] **[3 marks]**

Section C — Long (5 × 2 = 10 marks)

10 MARKS · 20 MIN

- Q9.** Discuss the career opportunities for Home Science graduates in Foods + Nutrition across at least five distinct sub-categories. [PYQ 2023 Delhi] **[5 marks]**
- Q10.** Explain the 4-step framework of career planning, applying it to a hypothetical case: a Class 12 student who loves cooking and wants to combine that passion with nutrition. [PYQ 2024 Outside Delhi] **[5 marks]**

Marking scheme & model answers — see companion Answer Key PDF · all PYQs traceable to actual CBSE papers · readyforboards.com · +91 70330 05444