

**BOARD-PATTERN PRACTICE PAPER · CBSE CLASS 12****Self and Personality**

Psychology · Chapter 2 · Matches current CBSE blueprint · Each question PYQ-sourced where indicated

DATE	TOTAL MARKS	DURATION	MARKING	TARGET
_____	<b>26</b>	<b>55 min</b>	<b>As per board</b>	<b>≥ 20/26</b>

**GENERAL INSTRUCTIONS**

1. All questions are compulsory.
2. Theorist names + key concepts are mandatory for full marks.
3. For 'compare' or 'distinguish' questions, give differences clearly.
4. Use a specific example when describing a type, trait or defence mechanism.
5. Marks for each question are indicated against it.

**Section A — VSA (1 mark × 4)****4 MARKS · 8 MIN**

- Q1.** On which principle does the id operate? [PYQ 2018 Delhi] **[1 mark]**
- Q2.** Expand the acronym OCEAN. [PYQ 2021 Delhi] **[1 mark]**
- Q3.** How many inkblots are there in the Rorschach test? [PYQ 2018 Outside Delhi] **[1 mark]**
- Q4.** Name the three gunas in the Indian (Triguna) approach to personality. [PYQ 2022 Delhi] **[1 mark]**

**Section B — SA-I (3 marks × 2)****6 MARKS · 12 MIN**

- Q5.** Distinguish between self-concept, self-esteem and self-efficacy. [PYQ 2019 All India] **[3 marks]**
- Q6.** Explain the Indian (Triguna) approach to personality. [PYQ 2024 Delhi] **[3 marks]**

**Section C — SA-II (4 marks × 1)****4 MARKS · 9 MIN**

- Q7.** Distinguish between projective techniques and self-report (objective) measures of personality, with one example of each. [PYQ 2020 All India] **[4 marks]**

**Section D — LA (6 marks × 2)****12 MARKS · 26 MIN**

- Q8.** Explain Freud's structure of personality (id, ego, superego) and describe any three defence mechanisms. [PYQ 2022 Delhi] **[6 marks]**
- Q9.** Describe the trait approach to personality, explaining the contributions of Allport, Cattell, Eysenck and the Big Five (OCEAN) model. [PYQ 2023 All India] **[6 marks]**

**Marking scheme & model answers** — see companion Answer Key PDF · all PYQs traceable to actual CBSE papers · readyforboards.com · +91 70330 05444