

BOARD-PATTERN PRACTICE PAPER · CBSE CLASS 12**Psychological Disorders**

Psychology · Chapter 4 · Matches current CBSE blueprint · Each question PYQ-sourced where indicated

DATE	TOTAL MARKS	DURATION	MARKING	TARGET
_____	26	52 min	As per board	≥ 20/26

GENERAL INSTRUCTIONS

1. All compulsory.
2. Theorist/system names mandatory (Hippocrates, Freud, ICD-11, DSM-5).
3. Schizophrenia answers must distinguish positive and negative symptoms.
4. Anxiety answers must cover all four types (GAD, panic, phobia, OCD).
5. Use specific examples — named phobias, named delusions, named substances.

Section A — VSA (1 mark × 4)**4 MARKS · 8 MIN**

- Q1.** Name the four 'Ds' used as criteria of abnormal behaviour. [PYQ 2019 Delhi] **[1 mark]**
- Q2.** Differentiate between an obsession and a compulsion. [PYQ 2022 Delhi] **[1 mark]**
- Q3.** Name the classification systems published by the WHO and the APA. [PYQ 2023 All India] **[1 mark]**
- Q4.** Name any two negative symptoms of schizophrenia. [PYQ 2024 Delhi] **[1 mark]**

Section B — SA-I (3 marks × 2)**6 MARKS · 12 MIN**

- Q5.** What are the criteria of abnormal behaviour? Explain the 4 Ds. [PYQ 2021 Delhi] **[3 marks]**
- Q6.** Explain the substance-use disorders covered in NCERT. [PYQ 2020 Outside Delhi] **[3 marks]**

Section C — SA-II (5 marks × 2)**10 MARKS · 20 MIN**

- Q7.** Explain the symptoms of schizophrenia, distinguishing positive, negative, and disorganised symptoms. [PYQ 2018 Delhi] **[5 marks]**
- Q8.** Explain the four types of anxiety disorders. [PYQ 2022 All India] **[5 marks]**

Section D — LA (6 marks × 1)**6 MARKS · 12 MIN**

- Q9.** Explain the mood disorders (MDD and Bipolar) along with the dissociative disorders. Note how schizophrenia differs from DID. [PYQ 2023 Delhi] **[6 marks]**

Marking scheme & model answers — see companion Answer Key PDF · all PYQs traceable to actual CBSE papers · readyforboards.com · +91 70330 05444