

## PSYCHOLOGY, CL-12 · CHAPTER 5

# Therapeutic Approaches

A 1-page guide for parents · 90-second read.

### EXPECTED MARKS

**7-8 out of 10 on this chapter.**

### TIME TO MASTER

**8-10 hrs**

### HELPLINE

**70330 05444**

### WHAT THIS CHAPTER IS, IN PLAIN ENGLISH

A summary for parents.

### 5 QUESTIONS TO ASK YOUR CHILD

- What is the main idea of this chapter?
- Can you explain one key concept in your own words?
- What is one real-world example?
- Which part do you find hardest?
- What did your teacher emphasise in class?

### WEAK-SPOT INDICATORS

- Cannot define core terms.
- Confuses this chapter with the previous one.
- Writes answers shorter than 60 words for 5-mark Qs.
- Skips long-answer questions in mocks.
- Cannot give a single example unprompted.

### WHEN TO WORRY — AND WHAT TO DO

If your child scores under 50% on this chapter in a mock paper, the basics need re-teaching, not just more practice.

**+91 70330 05444** · readyforboards.com · Boards prep that builds confidence, not anxiety.