

EXAM-DAY · 90-MIN REVISION CARD

Patterns of Social Inequality and Exclusion

Print this · Fold it · Carry to the exam-hall gate · Revise once · Then walk in.

FORMULAS & KEY RESULTS

Inequality = structural unequal access (not individual difference)

Exclusion = involuntary, group-based denial of opportunity

Prejudice (attitude) ≠
Stereotype (image) ≠
Discrimination (action)

Caste: Art 17 (abolition) + Art 15 (anti-discrimination) + Art 46 (uplift) + SC/ST Atrocities Act 1989

OBC: Mandal Commission 1980 → 27% reservation implemented 1990

Adivasi: Forest Acts 1865/1878/1927 → dispossession; PESA 1996 + FRA 2006 = correction

Adivasi displacement: Sardar Sarovar (Narmada), Polavaram, mining belts of Jharkhand-Odisha-Chhattisgarh

Women: Art 14/15/39/42 + Dowry Prohibition 1961 + DV Act 2005 + POSH 2013

Sex ratio (0-6): 945 (1991) → 927 (2001) → 919 (2011) — DECLINING despite GDP rise

Disability: PWD Act 1995 → RPwD 2016 (21 categories, social model)

Affirmative action = reservation + scholarship + atrocities law + sub-plan + hostel + free coaching

TOP 5 PYQ PATTERNS

1 Distinguish prejudice / stereotype / discrimination

3 marks · 85% of years

Definition + 1 example each in 3 sentences. Stereotype is the cognitive image, prejudice the attitude, discrimination the act.

2 Constitutional safeguards for Dalits/SCs

5 marks · 78% of years

Open with Art 17, then 15, 46, 330/332. Cite SC/ST Atrocities Act 1989. Close with NCAER/NCRB data on persistence.

3 Impact of colonial Forest Acts on Adivasis

5 marks · 68% of years

Name all three Acts with years. Mention Sardar Sarovar + PESA 1996 + FRA 2006. End with implementation critique.

4 Why is declining sex ratio a concern?

5 marks · 60% of years

Use 1991-2001-2011 0-6 numbers. Link to dowry + son preference + sex-selective abortion. Mention PCPNDT Act 1994.

5 Social exclusion vs poverty

3 marks · 45% of years

Exclusion is GROUP-based + involuntary + long-term; poverty is income-based + can be individual. Give Dalit/Adivasi example.

90-MIN REVISION FLOW

0-15 min

Read NCERT Ch 5 sections on Caste & Dalits + box on Untouchability. Underline Art 17, 15, 46.

15-30 min

Map Adivasi section — three Forest Acts, Sardar Sarovar/Polavaram, PESA 1996, FRA 2006. Draw timeline strip.

30-45 min

OBC & Mandal — 1980 report, 1990 implementation, 27% quota, Indra Sawhney 1992.

45-65 min

Women — patriarchy, sex ratio data, dowry, DV Act 2005, POSH 2013. Memorise sex ratio numbers.

65-75 min

Disability — invisibility pre-1990s, PWD 1995 → RPwD 2016, social model. Two lines on each.

75-90 min

Attempt one 5-marker (constitutional safeguards) and the 3-marker (prejudice/stereotype/discrimination). Self-mark against rubric.

Confidence, not anxiety. You've practised this all year. Trust your steps. Don't change strategy on exam morning.
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